

Appropriations Project Request - Fiscal Year 2020-21

For projects meeting the Definition of House Rule 5.14

1. Title of Project: Nutrition Education for Community Health and Wellness

2. Date of Submission: 11/05/2019

3. House Member Sponsor: Vance Aloupis

Members Copied:

4. DETAILS OF AMOUNT REQUESTED:

- a. Has funding been provided in a previous state budget for this activity? Yes
If answer to 4a is "No" skip 4b and 4c and proceed to 4d, Col. E
- b. What is the most recent fiscal year the project was funded? 2019-20
- c. Were the funds provided in the most recent fiscal year subsequently vetoed? No
- d. Complete the following Project Request Worksheet to develop your request:

FY:	Input Prior Year Appropriation for this project for FY 2019-20 <i>(If appropriated in 2019-20 enter the appropriated amount, even if vetoed.)</i>			Develop New Funds Request for FY 2020-21 <i>(Requests for additional RECURRING funds are prohibited.)</i>		
Column:	A	B	C	D	E	F
Funds Description:	Prior Year Recurring Funds	Prior Year Nonrecurring Funds	Total Funds Appropriated <i>(Recurring plus Nonrecurring: column A + column B)</i>	Recurring Base Budget <i>(Will equal non-vetoed amounts provided in Column A)</i>	Additional Nonrecurring Request	TOTAL Nonrecurring plus Recurring Base Funds <i>(Will equal the amount from the Recurring base in Column D plus the Additional Nonrecurring Request in Column E.)</i>
Input Amounts:		875,382	875,382		791,266	791,266

5. Are funds for this issue requested in a state agency's Legislative Budget Request submitted for FY 2020-21? No

5a. If yes, which state agency?

5b. If no, which is the most appropriate state agency to place an appropriation for the issue being requested? Department of Education

5c. Has the appropriate state agency for administering the funding, if the request were appropriated, been contacted? No

5d. Describe penalties for failing to meet deliverables or performance measures which the agency should provide in its contract to administer the funding if appropriated.

We acknowledge the standard contract penalties in the Department of Education process. DOE may withhold all or a portion of the funds if the contract/deliverables is deemed unsatisfactory.

6. Requester:

- a. Name: Linda Novick O'Keefe
- b. Organization: Common Threads
- c. Email: linda@commonthreads.org
- d. Phone #: (312)315-8329

7. Contact for questions about specific technical or financial details about the project:

- a. Name: Pamela Taylor
- b. Organization: Common Threads
- c. Email: ptaylor@commonthreads.org
- d. Phone #: (202)276-5988

8. Is there a registered lobbyist working to secure funding for this project?

- a. Name: Slater Bayliss
- b. Firm: The Advocacy Group at Cardenas Partners
- c. Email: swb@cardenaspartners.com
- d. Phone #: (850)251-7710

9. Organization or Name of entity receiving funds:

- a. Name: Common Threads
- b. County (County where funds are to be expended): Miami-Dade
- c. Service Area (Counties being served by the service(s) provided with funding): Miami-Dade

10. What type of organization is the entity that will receive the funds? (Select one)

- For Profit
- Non Profit 501(c) (3)
- Non Profit 501(c) (4)
- Local Government
- University or College

Other (Please describe)

11. What is the specific purpose or goal that will be achieved by the funds being requested?

Our output goals for our 2020-2021 program year are: 1) to serve at least 11,200 students, parents/guardians, and teachers in Miami-Dade County by implementing up to 585 distinct healthy cooking and nutrition education program sessions which occur both during school hours and after-school hours; and 2) for participants to receive up to 156,480 hours of programming and to cook and consume up to 91,744 healthy meals and snacks.

12. Provide specific details on how funds will be spent. (Select all that apply)

Spending Category	Description	Nonrecurring (Should equal 4d, Col. E) Enter "0" if request is zero for the category
Administrative Costs:		
<input type="checkbox"/> a. Executive Director/Project Head Salary and Benefits		
<input checked="" type="checkbox"/> b. Other Salary and Benefits	Indirect Administrative costs (data and financial compliance monitoring costs, including percentage of Associate Director of Development, Data and Compliance Manager, Evaluation Manager and Chief Financial Officer)	121,209
<input type="checkbox"/> c. Expense/Equipment/Travel/Supplies/Other		
<input type="checkbox"/> d. Consultants/Contracted Services/Study		
Operational Costs:		
<input checked="" type="checkbox"/> e. Salaries and Benefits	1 - Senior Program Manager 2 - Nutrition Educators 1 - Program Manager 2 - Program Coordinators	414,800
<input checked="" type="checkbox"/> f. Expenses/Equipment/Travel/Supplies/Other	Curriculum, reusable cooking kits, program supplies, consumable	127,397

	instructional supplies, printing	
<input checked="" type="checkbox"/> g. Consultants/Contracted Services/Study	CT Instructors Lead all after-school and other community-based classes and most in-school nutrition education classes: Work with children and manages program sessions of up to 20 participants and 4 volunteers, teaches students, parents, and teachers cooking skills and nutrition, completes instructional supply purchases and tracks receipt of purchases, administers pre- and post-surveys to students.	127,860
Fixed Capital Construction/Major Renovation:		
<input type="checkbox"/> h. Construction/Renovation/Land/Planning Engineering		
TOTAL		791,266

13. For the Fixed Capital Costs requested with this issue (In Question 12, category “h. Fixed Capital Outlay” was selected), what type of ownership will the facility be under when complete? (Select one correct option)

- For Profit
- Non Profit 501(c) (3)
- Non Profit 501(c) (4)
- Local Government (e.g., police, fire or local government buildings, local roads, etc.)
- State agency owned facility (For example: college or university facility, buildings for public schools, roads in the state transportation system, etc.)
- Other (Please describe)

14. Is the project request an information technology project?

No

15. Is there any documented show of support for the requested project in the community including public hearings, letters of support, major organizational backing, or other expressions of support?

Yes

15a. Please Describe:
letters of support are forthcoming

16. Has the need for the funds been documented by a study, completed by an independent 3rd party, for the area to be served?

No

17. Will the requested funds be used directly for services to citizens?

Yes

17a. What are the activities and services that will be provided to meet the purpose of the funds?

Common Threads' approach to nutrition education is unique, as it is intended to improve multiple elements of community health and wellness by broadening healthy eating behaviors by engaging children, families, teachers, and other adult role models, and improving cultural competencies. This comprehensive approach ensures children and families are supported in making healthy choices across environments—where they live, learn, work, play and shop—thus bolstering and helping to sustain its positive

17b. Describe the direct services to be provided to the citizens by the funding requested.

- Healthy Teacher Training (ten two-hour trainings): Teachers learn concepts to integrate nutrition into core content areas, while receiving PD credit.

17c. Describe the target population to be served (i.e., "the majority of the funds requested will serve these target populations or groups").

Select all that apply to the target population:

- Elderly persons
- Persons with poor mental health
- Persons with poor physical health
- Jobless persons
- Economically disadvantaged persons
- At-risk youth
- Homeless
- Developmentally disabled
- Physically disabled
- Drug users (in health services)
- Preschool students
- Grade school students
- High school students

- University/college students
- Currently or formerly incarcerated persons
- Drug offenders (in criminal Justice)
- Victims of crime
- General (The majority of the funds will benefit no specific group)
- Other (Please describe)

17d. How many in the target population are expected to be served?

- < 25
- 25-50
- 51-100
- 101-200
- 201-400
- 401-800
- >800

18. What benefits or outcomes will be realized by the expenditure of funds requested? (Select each Benefit/Outcome that applies)

Benefit or Outcome	Provide a specific measure of the benefit or outcome	Describe the method for measuring level of benefit
<input checked="" type="checkbox"/> Improve physical health	(1) Students/Parents who participate in at least two Common Threads programs over the course of a school semester will increase their skin carotenoid levels by a statistically significant amount; (2) 10% of students will be exposed a new vegetable they had not tried before programming; (3) 13% of students will improve their liking of vegetables via exposure to culturally diverse snacks and meals; and (4) 16% of students will report consuming more vegetables.	Consumption of fruits and vegetables can reduce risk factors for chronic disease. (1) Carotenoids are pigment compounds found in fruits and vegetables (FV) that are stored in the skin and are an objective measure of FV consumption. Using a Veggie Meter™ device, skin carotenoid levels will be measured from individuals before, during and after a program semester. (2-3) Vegetable consumption in students: net percentage of students who improve at a post-survey compared to matched pre-survey.

<input type="checkbox"/> Improve mental health		
<input checked="" type="checkbox"/> Enrich cultural experience	1) children will better understand global social studies content through the Cooking Skills & World Cuisine program (new program measurement); 2) 43% of children will report an increase liking of healthier foods; 3) 78% students/families will have a preference for home-cooked meals; research shows families that cook/eat together are healthier	Student improvement is measured as the net percentage of students who indicated improvement after a post-survey compared to their matched pre-survey. All behaviors are self-reported.
<input type="checkbox"/> Improve agricultural production/promotion/education		
<input checked="" type="checkbox"/> Improve quality of education	Measurements/outcomes include: (1) 50% of teachers who complete CT programming will go on to do nutrition education in their classrooms with Common Threads support (2) 70% of individuals who enroll in Common Threads lead after school programs will find the course engaging and attend until the end of the after-school program	1) Common Threads tracks teacher attendance to trainings and can match them to teachers who go on to implement classroom programming via our CRM (2) Attendance is monitored by Common Threads staff members who teach after-school programs
<input type="checkbox"/> Enhance/preserve/improve environmental or fish and wildlife quality		
<input type="checkbox"/> Protect the general public from harm (environmental, criminal, etc.)		
<input type="checkbox"/> Improve transportation conditions		
<input type="checkbox"/> Increase or improve economic activity		
<input type="checkbox"/> Increase tourism		

<input type="checkbox"/> Create specific immediate job opportunities		
<input checked="" type="checkbox"/> Enhance specific individual's economic self sufficiency	Common Threads programs are designed to teach adults/parents how to select and purchase healthy foods on a budget that aligns with SNAP and WIC programs, providing healthier options to feed their families.	This is typically captured through anecdotal or self-reported communication. Common Threads will add a question for parents in its 2020 programming to capture more specific data.
<input type="checkbox"/> Reduce recidivism		
<input type="checkbox"/> Reduce substance abuse		
<input type="checkbox"/> Divert from Criminal/Juvenile justice system		
<input type="checkbox"/> Improve wastewater management		
<input type="checkbox"/> Improve stormwater management		
<input type="checkbox"/> Improve groundwater quality		
<input type="checkbox"/> Improve drinking water quality		
<input type="checkbox"/> Improve surface water quality		
<input checked="" type="checkbox"/> Other (Please describe): nutrition and behavior	Common Threads programs improves nutrition knowledge and healthy eating behaviors. Measurements/outcomes include: (1) 22% of students will improve their nutrition knowledge; (2) 16% of students will report consuming more vegetables	Improvement in children is measured as the net percentage of children who indicated improvement after a post-survey compared to their matched pre-survey. All behaviors are self-reported.

19. Provide the total cost of the project for FY 2020-21 from all sources of funding (Enter "0" if amount is zero):

Type of Funding	Amount	Percent of Total	Are the other sources of funds guaranteed in
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			writing?
1. Amount Requested from the State in this Appropriations Project Request:	791,266	85.1%	N/A
2. Federal:	0	0.0%	No
3. State: (Excluding the requested Total Amount in #4d, Column F)	0	0.0%	No
4. Local:	18,000	1.9%	Yes
5. Other:	120,000	12.9%	Yes
TOTAL	929,266	100%	

20. Is this a multi-year project requiring funding from the state for more than one year?

Yes

20a. How much state funding would be requested after 2020-21 over the next 5 years?

- <1M
- 1-3M
- >3-10M
- >10M

20b. How many additional years of state support do you expect to need for this project?

- 1 year
- 2 years
- 3 years
- 4 years
- >= 5 years

20c. What is the total project cost for all years including all federal, local, state, and any other funds? Select the single answer which best describes the total project cost. If funds requested are for ongoing services or for recurring activities, select "ongoing activity".

- ongoing activity – no total cost
- <1M
- 1-3M

>3-10M

>10M